

2024 CCAA 5-on -5 Basketball League

RULES

1. All games will be played at the Canton High School unless otherwise announced.
2. Officials and referees are volunteers and will make every effort to ensure that the league games are played fair, run smoothly and are fun and enjoyable for all participants.
3. No smoking, fighting, or profanity by players, coaches, parents, or spectators will be tolerated. Anyone demonstrating these behaviors will be asked to leave the property.
4. Good sportsmanship is a requirement that must be observed at all times by players, coaches, parents, and fans. Anyone demonstrating bad behavior will be asked to leave the property.
5. All players will be provided a t-shirt by CCAA they can wear to each game. However, sponsor or team jerseys are allowed.
6. Canton R-V has allowed us to use their facilities, so clean shoes are required.
7. Only players and coaches will be allowed on the gym floor. Spectators must be seated in the stands.
8. CCAA is not responsible for lost or stolen items.
9. **Conduct for coaches on the sidelines:**
 - a. Coaches must stay by the bench and on the sidelines except for Pre-K through 2nd grade.
 - b. Any technical assessed will result in two foul shots and possession of the ball by the other team. Any player or coach that gets two technical must leave the gym area and their team forfeits the game and will serve a one game suspension.
10. Players may only compete on one team.
11. Any player bleeding or with blood on uniform will be asked to leave the game for treatment or change of uniform.
12. No drinks in the gym except for water.
13. **MSHSAA rules will apply except for the following:**
 - a. Basketballs - All age groups will use a girls basketball
 - b. Basket Heights: 6.5-foot rims will be used for the Pre-K & K. 8-foot rims will be used for 1st & 2nd grade boys and girls. All others will play on 10-foot rims.
 - c. Free Throws: Pre-K through K- none. 1st through 4th – shooting fouls only. Two shots from the free throw line that is 2 foot in front of regular free throw line. All others will shoot at the regular free throw line. Additionally, 1s^t through 4th will not line up for free throws. The shooter will go to the line and shoot 2 shots. The ball then goes to the team not shooting the free throw (defense) out-of-bounds.

- d. 3rd through 6th grade – When a total of 10 team fouls is reached, one point will be awarded to the other team for each foul.
- e. Lane Violations – Pre-K through 2nd – None, 3rd and 4th – 5 seconds, and all other age groups will be 3 seconds.
- f. Four players must be present to start the game. No grace periods. No forfeits for Pre-K through 2nd grade leagues. Players from the teams will be combined to play the game. All other age groups must forfeit if enough team members aren't present unless both coaches agree to share team members.
- g. Defense: Pre-K through 4th grade must play man-to-man defense. However, no double-teaming. Grades 5th – 6th may play any style of defense. **No full court press allowed for Pre-K through 4th grade. All other age groups may full court press in the last two minutes of the game.**
- h. Rebounds: Pre-K through 4th grade must fall back once the defense rebounds the ball to the half-court line before playing defense.

14. Ten-Second Rule:

- a. Pre-K through 2nd grade – None
- b. 3rd – 6th Boys and Girls – Ten second rule in effect, but the defensive team may not guard the offensive team until the ball has crossed mid-court. (The exception to this will be in the last two minutes of the game or overtime periods).

15. Length of the games:

- a. Games will consist of four 8-minute quarters except for Pre-K & K division and 1st and 2nd grade divisions. These divisions will play 6-minute running quarters.
- b. All divisions will have a running clock.

16. Time-Outs:

- a. Pre-K & 1st-2nd grades - Each team is allowed one 30 second time-out per half.
- b. Grades 3rd – 6th - Each team is allowed one 30 second time-out per quarter.
- c. No time-outs in the last two minutes of the game.
- d. No time-outs in overtime.

17. Overtime:

- a. Pre-K and Grades 1st and 2nd – No overtime because score will not be kept.
- b. Grades 3rd – 6th - First overtime will be two minutes in length.
- c. Second overtime will be sudden death.
- d. Overtime periods will begin with a jump ball (new possession arrow).

18. All team players must fit within the established age division.

- a. A player one year older than his grade level may play at the grade he is in.
- b. If he or she is two years older than his grade level, they must move up to the next league of play.

19. Girls may play in the boy's basketball league, but if they choose to play with the boys, they cannot play in the girl's league.

20. In the Pre-K through K division, one coach from each team must be present on the court with the players at all times. This is also encouraged in the 1st and 2nd grade divisions.

21. Full Court Press:

- a. A team ahead by 10 points cannot full court press.
- b. A team may only full court press in the last two minutes of the game or in an overtime Period (10-point rule always in effect).